

Ring Sizing Guidelines

- Your finger's size will be affected by time of day, temperature, humidity, exercise and other factors. Your fingers tend to swell later in the day.
- It is best to measure your ring size later in the day, at room temperature. Never measure when your hands are cold; allow them to warm to room temperature.
- The ring must fit over the knuckle and sit comfortably at the base of the finger.
- The correct size will require you to twist once or twice to get it off the knuckle; otherwise, your ring will fall off when your hands are wet or cold.
- If the ring slips easily over your knuckle when removing it, try a half size smaller.
- If you are not used to wearing a ring, the proper size may feel a bit uncomfortable at first. Please allow two weeks before requesting an alternate size.